

**Delivery and
Carry-Out**
Limited Delivery Area



WINGS & THINGS
Pizza®

SEVERN/GLEN BURNIE AREA

410-969-3470 Fax: 410-969-3473

7863 Quarterfield Rd, SEVERN

www.wingsthingsandpizzas.com

Serving: Severn, Odenton, Glen Bernie, Hanover, Millersville, Linthicum Height



PLENTIFUL SALAD MENU

Minimum delivery order is \$9.00. All prices are subject to sales tax and changes.
Credit card convenience fee \$1.00. Credit cards may be used for pick-up orders only.
Delivery charge may apply. All sales are final, no refunds.



FREE Brownie

w/Online Order
Min \$20 order before tax

1. BUILD YOUR OWN BOWL OR SALAD

Your choice of toppings over
grains and our greens blend
with dressing

- Choose up to 5 toppings



Starting
at \$10+

2. BUILD IT!

+ Upgrade your base?

- Grain Blend

Each Topping Charge \$3

+ Standard Toppings

- Roasted Corn
- Cucumber Namasu
- Marinated Black Beans
- Marinated Cherry Tomatoes
- Seed Blend
- Edamame
- Diced Celery
- Crispy Onions

5 Toppings free & extra \$1.75

+ Pick a Protein

- Fried Edamame Falafel
- Plant Based Tenders
- Chicken Tenders
- Smoked Chicken

Extra Charge \$6 for each

+ Pick a Dressing

- Tzatziki Dressing
- BBQ Ranch
- Sesame Dressing
- Greek Dressing

One Free & \$1.75 on Extra

+ Premium Toppings

- Firm Tofu
- Avocado
- Roasted Cauliflower
- Roasted Broccoli
- Cheese Blend
- Blue Cheese Crumbles
- Fried Brussels Sprouts

Extra Charge \$3 for each

OR CHOOSE A CHEF-CRAFTED BOWL - in Only 13.99+tax

California Cobb Bowl

Smoked chicken, avocado, roasted cauliflower cucumber, namasu, roasted broccoli, marinated cherry tomatoes, blue cheese crumbles, seed blend, your choice of grains with our greens blend and Greek Dressing (served on side).

Buffalo Chicken Bowl

Fried chicken tenders, avocado, roasted cauliflower, celery, marinated cherry tomatoes, seed mix, blue cheese, Frank's Hot Sauce, your choice of grains with our greens blends and BBQ Ranch (served on side).

Fried Chicken Bowl

Fried chicken tenders, avocado, roasted corn, marinated cherry tomatoes, black beans, cucumber namasu, cheddar cheese, crispy onions, your choice of grains with our greens blend and BBQ Ranch (served on side).

Plant-Based Bowl (Vegan)

Plant-based tenders, cucumber namasu, roasted cauliflower, roasted broccoli, black beans, firm tofu, seed blend, your choice of grains with our greens blend and Sesame Dressing (served on side).

Edamame Falafel Bowl

Crispy edamame falafel, cucumber namasu, roasted corn, marinated cherry tomatoes, black beans, seed blend, your choice of grains with our greens blend and Tzatziki Dressing (served on side).



DESERTS

GET IN \$3.75+TAX

YOUR CHOICE

Chocolate Manifesto Cookie

Caramel Manifesto Cookie

Chocolate Manifesto Brownie

Edamame Falafel Salad

Crispy edamame falafel, cucumber namasu, roasted corn, marinated cherry tomatoes, black beans, seed blend, with our greens blend and Tzatziki Dressing (served on side).



ADD AN APPETIZER - IN ONLY 6.99+TAX

Fried Susame Brussel Sprouts

Fried brussels sprouts tossed with sesame dressing and topping with crispy onions.

Edamame Falafel

Crispy edamame falafel with tzatziki dipping sauce

OR CHOOSE A CHEF-CRAFTED SALAD - in Only 13.99+tax

California Cobb Salad

Smoked chicken, avocado, roasted cauliflower cucumber, namasu, roasted broccoli, marinated cherry tomatoes, blue cheese crumbles, seed blend, our choice of grains with our greens blend and Greek Dressing (served on side).

Buffalo Chicken Salad

Fried chicken tenders, avocado, roasted cauliflower, celery, marinated cherry tomatoes, seed mix, blue cheese crumbles, Frank's Hot Sauce, your choice of grains with our greens blends and BBQ Ranch (served on side).

Fried Chicken Salad

Fried chicken tenders, avocado, roasted corn, marinated cherry tomatoes, black beans, cucumber namasu, cheddar cheese, crispy onions, our greens blend and BBQ Ranch (served on side).

Plant-Based Salad (Vegan)

Plant-based tenders, cucumber namasu, roasted cauliflower, roasted broccoli, black beans, firm tofu, seed blend, our greens blend and Sesame Dressing (served on side).

